



WESTERN MONTANA ENDODONTICS

Microsurgical Post-Operative Instructions

ORAL CARE:

- Be careful with the surgical area for 2 weeks
- Do not brush your surgical area for 1 weeks
- After 1 weeks, you may brush your surgical area gently

ACTIVITY:

- Do not work out or exercise for 3-4 days

DIET:

- Soft food or liquid diet for 1 week
- Do not eat hard/crunchy foods for 1 week
- Do not use straws for 1 week

PRESCRIPTIONS:

Advil [Ibuprofen] - 600mg

- Take 600mg every 6 hours (no more than 4 times per day) as needed for pain
- If you take blood thinners, are pregnant/nursing, or have stomach, gastrointestinal, kidney, or bleeding problems please consult with Dr. Crepps before taking this medication.

Tylenol [Acetaminophen] – 500mg – 650 mg

- Take 500mg – 650mg every 6 hours (no more than 4 times per day) as needed for pain
- If you have liver problems, please consult with Dr. Crepps before taking this medication.
- Do not take additional Tylenol/Acetaminophen while taking this medication (such as Vicodin, Percocet, or Norco).

COMPLICATIONS: If you develop any of the symptoms below, please call Western Montana Endodontics (406 542-3454) or Dr. Crepps' cell phone (719 482 8084):

- Fever > 101F
- increased swelling
- increased drainage or bleeding that does not stop
- new numbness
- pain that is not controlled by your pain medications